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## Community Voluntary Services for Broxbourne and East Herts

*Actively supporting our communities*

### CVSBEH E-Bulletin - Issue 130 (February 2018)

#### CVSBEH 2018 Training Programme

##### How to Win High Value Grants and Contracts

*7<sup>th</sup> February 2018, 10am – 4pm in Stanstead Abbots*

For those whose main responsibility is fundraising for organisations, who want to improve chances of winning higher value (i.e. £10k+) grants and contracts. Find all the information you need by [clicking here](#).



##### Hertsaid Training

Herts Aid, Hertfordshire's HIV and sexual health charity, has exciting new training opportunities for the workplace. Click on the course titles for more information:

[HIV: Modern Essentials for Professionals](#) - 14th March in Watford

[LGBTQ+ Awareness: Supporting Clients](#) - 21st February in Ware

[Discussing Intimacy, Sexual Health and Sexual Abuse](#) - 27th March in Watford

#### Funding Opportunities

##### Funding from Stanstead Airport

The **Stansted Airport Passenger Community Fund** donates money (up to £1500) to local causes within a 20 mile radius of Stansted Airport. For further information and to apply please [email](#). The **Stansted Airport Community Trust** supports capital projects which protect and enhance the social, economic and environmental well-being of the community within a 10 mile radius of Stansted Airport. For further information and to apply please [email](#) or call 01245 231250.

##### HCF Large Grants

Grants of up to £5000 are available for groups helping to tackle identified need in the county, including those highlighted in [Hertfordshire Matters](#). For more information please visit the [HCF Website](#).

#### CVSBEH Members Survey

It is important we capture the challenges our membership is facing in order to represent you effectively and to ensure our services are meeting your needs. Can you take a few minutes to answer a few questions by [clicking here](#)? Please return your completed form to [James Campbell](#).

#### Resources

### Office Furniture for Community Groups

CVSBEH currently have large stocks of pre-used office furniture available to purchase at minimum prices. [Click here](#) for images of the furniture. Further viewings and delivery can also be arranged. Please [email](#) to express an interest.



### News and Opportunities

#### Nominations for Queens Award for Voluntary Service (QAVS)

Closes on **14<sup>th</sup> September 2018**. Groups can be involved in projects associated with environment and regeneration, heritage, digital, sports, the arts as well as projects associated with societal issues. To find out more [click here](#).



A partnership offering services for those living with dementia or worried about memory loss. [Click here](#) to find out more. Hertswise also provides community grants. You can request application form and further details by [email](#).

#### Chief Executive Wanted

CVS Members YCT based in Harlow are seeking a new Chief Executive.

Find out more [here](#).

#### Breaking Mad - The insider's guide to conquering anxiety

**28th February 2018, 7.30pm at The Spotlight, Hoddesdon**

Anna Williamson the popular CBBC TV presenter, therapist and bestselling author shares her experiences of mental health, whilst embracing and understanding emotional wellbeing and tried and tested therapy based techniques. All tickets £10 on sale via 01992 441946 or you can [book online](#).

#### Keeping Warm and Healthy in Hertfordshire

Get information and advice on how to stay [warm and healthy](#) during the winter months.



# Need help to keep warm or reduce energy bills?

To find out if you are  
entitled to free or  
discounted home energy  
improvements call

**0300 123 4044**

(local rate) or email [info@hertshelp.net](mailto:info@hertshelp.net)



**Hertfordshire Warmer Homes**

In partnership with the ten district & borough councils of Hertfordshire and Hertfordshire County Council



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Forward

### **1st March 2018, 9am – 4pm in Stanstead Abbots**

One day course designed to achieve a basic level of emergency aid and be able to take charge of first aid arrangements. Aimed at lower risk organisations and those who are seeking a qualification in First Aid which supported by the FAIB (First Aid Industry Body). [Click here for more](#)

### **The Price is Right! Costing Your Services**

#### **21<sup>st</sup> March 2018 9.30am - 1pm in Stanstead Abbots**

Suitable for managers and staff responsible for income generation, marketing and/or finance. This half day course will include:

- How to calculate direct and indirect costs for projects, activities and services
- The basics of full cost recovery and realistic pricing
- Case studies (including participants' own services)
- Templates and resources provided to put the principles into practice

[More details here](#)



A resource for CVSBEH member groups to browse and search for funding for their projects. [Please click here to register for the database](#). Click on the link below for an example of recent funds promoted.

[NFU Mutual Charitable Trust Funding Available to Support UK Rural Communities](#)

[Home Office Relaunches Building a Stronger Britain Together Fund](#)

[Garfield Weston Foundation Celebrates 60th Anniversary with One-Off Charitable Fun](#)

### **Sport England Small Grants**

Grants are available to help not-for-profit sports clubs, local authorities and schools in England to carry out local community sports projects and encourage more people (aged 14 years and older) to be involved in sport. [Click here](#)

## **Events**



Fully funded one-day training course for voluntary sector employees. To increase awareness and knowledge, introduce practical steps about how to respond and make you feel more confident in spotting the signs of suicide. **25<sup>th</sup> May 2018, 10am - 4pm in Ware**. To book your place please [email](#) or call 01727 865070. To find out more about this campaign please [click here](#).

### **Better Health, Better Me!**

#### **22nd February 2018 – St Albans**

A free event for adults living in Hertfordshire who have a learning disability or who support someone with a learning disability. To book and for more information please [click here](#).

### **Coach Education Week**

Taking place **10<sup>th</sup> - 18<sup>th</sup> February 2018**. Latest information from Herts Sports Partnership can be found [here](#).

### **Herts Vision Loss Arts Therapy Day**

#### **14<sup>th</sup> Feb 2018 in Hemel Hempstead**

For visually impaired children. For more information [click here](#), [email](#) or call 07464 548618.

### **Bishops Stortford Families First Launch**

#### **8th March 2018, 2pm – 6.30pm**

At the Charis Centre, Water Lane, B' Stortford CM23 2JZ. Opportunities to hear how Families First services are supporting families in Bishops Stortford and surrounding Villages. You can host a market stall for your service or simply attend! If you'd like to do either, please send an [email](#) and include a short description of your service.



**#TeamHerts Volunteer Coordinator Network Forum**

**15th March 2018, 1pm - 3.30pm in Stanstead Abbots**

#TeamHerts support organisations with best practice in volunteer management. The theme for this session is “**Diversity**”. Please click [here](#) for more details.

**Skilled Volunteering Workshop**

**13th February 2018, 10am – 11.30am in Bishops Stortford**

Want to learn how you can use your professional/specialist skills in volunteering? There will be guest speakers from local charities who will share their volunteer opportunities with you, to give you a taster of what is available. Book your free space now by [clicking here](#).



**Social Investment Workshop**

**6th February 2018 from 10am - 1pm**

Delivered by Herts Sports Partnership in partnership with Herts Community Solutions at the University of Hertfordshire. This free event aims to demystify social investment and to look at when such investment is a good tool to use and whether it might be a good fit locally. If you are interested in attending you can find out more and [register here](#).

**Please note: CVSBEH E-Bulletins are planned for the first week of each month. If possible, any requests for information/events to be included should be submitted at least a month before it is due to take place.**

**Disclaimer: Whilst all information, services and goods in this E-Bulletin are provided in good faith, no recommendation or endorsement on behalf of CVSBEH has been made.**



CVS for Broxbourne & East Herts

Nigel Copping Community Building

Sanville Gardens

Stanstead Abbots SG12 8GA

Tel: 0300 123 1034

Charity Registration Number: 1118986 | Company Registration Number: 6143165



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