

Drawing for Wellbeing

This course aims to give you creative drawing skills to help with your mental wellbeing.

It will take place **once** a week for **4** weeks.

Course modules include:

- Tips and Tricks
- Using Alcohol Markers
- Completing an A4 design



Only
£10!

Free to those
receiving benefits

Starting on **Monday, 14th September**
being delivered online over **Zoom** and in the
CVSBEH Skills and Learning Centre,
67 Fore Street, Hertford, SG14 1AL
9.30am to 12.30pm

Learners have the right to request Additional Learning Support before enrolment

Call **0300 123 1034** or email
emily@cvsbeh.org.uk to book



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